

---

---

## PRE-SURGERY QUESTIONS

---

---

### DO I NEED SURGERY?

Some orthopedic problems can be effectively treated with conservative measures such as injections, physical therapy, or activity modifications. Other problems are extremely urgent and could necessitate surgery urgently. Dr. Huberty will make every attempt to fully educate you on your particular condition and help you choose the safest and most effective treatment option.

### WHAT ARE THE RISKS OF SURGERY?

All surgical procedures inherently carry some risk... these risks include but are not limited to:

*Infection, continued pain, stiffness, development of blood clots, failure of the original surgery, need for further surgery, nerve or vessel damage, failure of the bone or tissue to heal, failure of the bone or tissue to heal in the appropriate position, continued dysfunction despite surgery, anesthesia risks, medical risks such as heart attack, pulmonary embolus, and even death. Each procedure will carry its own unique set of foreseen and unforeseen risks which you can discuss in detail with Dr. Huberty.*

### WHAT ARE THE BENEFITS OF SURGERY?

Simply stated, the purpose of surgery is to eliminate your pain, improve your function, and improve your health. Dr. Huberty will only recommend surgery when reasonable conservative options have failed or when delay could result in further harm.

### HOW DO I SCHEDULE SURGERY?

Once it is determined that you need surgery you can schedule a date and time for the procedure with Tonya. On many occasions you can meet with Tonya directly after your clinic visit to arrange the details of your procedure. If not you can call her directly at 503-905-4130. Once surgery is scheduled, our staff will pre-certify your surgery with your insurance company. You may feel free to discuss the details of your insurance coverage with the business office.

Unless an urgent situation dictates otherwise, Dr. Huberty generally schedules surgeries 2 to 4 weeks out or later if the patient prefers.

### ONCE I HAVE SCHEDULED SURGERY...

Most patients will be sent for some standard preoperative tests. These may include some blood work, an EKG to look at your heart, and possibly a chest x-ray. Tonya will give you directions on how to most efficiently complete these tests.

Enjoy a nice meal the night before your surgery but NOTHING to eat or drink after midnight!